



Stundenraster Scholl – regulär

1. Stunde		08:00 – 08:45
	5-Minuten-Pause	08:45 – 08:50
2. Stunde		08:50 – 09:35
	15-Minuten-Pause	09:35 – 09:50
3. Stunde		09:50 – 10:35
	5-Minuten-Pause	10:35 – 10:40
4. Stunde		10:40 – 11:25
	20-Minuten-Pause	11:25 – 11:45
5. Stunde		11:45 – 12:30
	5-Minuten-Pause	12:30 – 12:35
6. Stunde/Mittagspause 1		12:35 – 13:20
	10-Minuten-Pause	13:20 – 13:30
7. Stunde/Mittagspause 2		13:30 – 14:15
	10-Minuten-Pause	14:15 – 14:25
8. Stunde		14:25 – 15:10
	5-Minuten-Pause	15:10 – 15:15
9. Stunde		15:15 – 16:00
	5-Minuten-Pause	16:00 – 16:05
10. Stunde		16:05 – 16:50
	5-Minuten-Pause	16:50 – 16:55
11. Stunde		16:55 – 17:40

1 Unterrichtsstunde hat 45 Minuten